



Fashion Design Studies 2025–2026

Teacher: Mrs. Reid Room 2180 Contact: JLReid@cbe.ab.ca

Course Description: Fashion Design Studies is an exploratory course designed to expand student’s knowledge of garment construction. Introductory students will gain an understanding of using equipment safely, how to apply layout and construction methods, as well as explore textile arts, creating accessories and/or fashion illustration. Intermediate and Advanced students will work towards creating more complex garments using specialty fabrics and advancing techniques and equipment. Students who possess initiative, creativity, a strong work ethic, and the desire to learn new skills will find the most success in this course.

Course Objectives and Assessment: As this is a Career and Technology Studies Course, all curricular outcomes will be drawn from the Alberta CTS Program of Studies. This course follows Combined Outcome Based Assessment, gathering 20% from competency outcomes, 20% from knowledge based outcomes, and 60% from the application of skills outcomes found in the [Alberta Program of Studies](#).

CO3.CCC - Common, Competencies and Connections [20%]	
Competency	Descriptor
Information Management	Students demonstrate this competency when they identify and clarify clear criteria for problems, explore a variety of problem-solving techniques, and then select and defend the most viable option.
Personal Management	Students demonstrate this competency when they take personal responsibility for their habits and well being. This includes career skills like punctuality and professionalism as well as striving for personal excellence.
Communication and Collaboration	Students demonstrate this competency when they communicate clearly and effectively with a wide variety of audiences and peers. It also includes the effective use of communication technologies and the application of strategies to be an effective collaborator in a group.
Innovation and Creativity	Students demonstrate this competency when they take risks when exploring a variety of creative processes. They also adapt and persevere when exploring ways to create value and achieve excellence.
Complex Problem Solving	Students demonstrate this competency when they draw on multiple perspectives, disciplines and resources to select the most viable solution. They also approach all problems with optimism and hope.

Introductory Outcomes

CO1.KU - Knowledge & Understanding [20%]

CO2.PAE - Plan, Apply, & Evaluate [60%]

Courses in white are courses offered at the introductory grade level. Courses in gray are students' choice. Students can choose one or more based on their interest and skill level.

Credit	Outcome
FAS1030 Sewing Fundamentals <i>Prerequisite: None</i>	Students learn how to safely use and care for sewing and pressing equipment, and apply these skills during project assembly. Project: <i>Lunch Case / Zippered Pouch or similar – Woven Fabric</i>
FAS 1130 Construction Fundamentals 1 <i>Prerequisite: FAS 1030</i>	Students learn how to determine pattern size, choose a suitable pattern and woven fabric, make pattern alterations, and prepare the fabric and pattern for layout. Students apply these skills to the assembly of a simple garment. Project: <i>Elastic waist skirt or shorts –Woven Fabric</i> <i>Prerequisite: FAS1030</i>
FAS 1050 Redesign, Recycle, Restore <i>Prerequisite: FAS 1030</i>	Students experiment with creative ways to redesign, recycle, or restore a project by repairing, customizing, or embellishing. Students use these techniques to update or create something new from something old. Project: <i>Student choice.</i>
FAS 1190 Textile Arts 1 <i>Prerequisite: None</i>	Students explore various yarn or textile art techniques and apply basic skills while creating a project. Project: <i>Cross-stitch design, woven bag, knitting or crochet a hat or scarf, add applique to a project, tie-dye, etc.</i>
FAS 1060 Creating Accessories 1 <i>Prerequisite: FAS 1030</i>	Students use basic sewing skills and techniques to construct a home or personal accessory. Project: <i>Handbag, backpack, or similar.</i>
FAS 1080 Knitwear <i>Prerequisite: FAS 1030</i>	Students learn about knit fabrics in the creation of a unique attractive and serviceable garment. Project: <i>Simple U-neck t-shirt or similar – Knit Fabric</i>
FAS 1000 Fashion Illustration I <i>Prerequisite: None</i>	Students discover the world of fashion illustration and learn to sketch a croquis, incorporate simple gestures and apply these skills to create fashion illustrations. Project: <i>sketching a variety of poses and clothing by drawing pencil and colored pencil and creating a base collection for the future developments.</i>

Intermediate Outcomes

CO1.KU - Knowledge & Understanding [20%]

CO2.PAE - Plan, Apply, & Evaluate [60%]

Courses in white are courses offered at the intermediate grade level. Courses in gray are optional but must be discussed with the teacher before selecting.

Credit	Outcome
<p style="text-align: center;">FAS 2060 Pattern Drafting 1 <i>Prerequisite: FAS1030</i></p>	<p>Students use body measurements to draft a basic block skirt. They demonstrate drafting techniques needed to create the desired look.</p> <p>Project: Testing your design by creating a muslin.</p>
<p style="text-align: center;">FAS 2050 Flat Pattern 1 <i>Prerequisite: FAS1030</i></p>	<p>Students change their block skirt pattern into a design of choice using flat pattern designing techniques.</p> <p>Project: Testing your design by creating a muslin.</p>
<p style="text-align: center;">FAS 2130 Construction Fundamentals 2 <i>Prerequisite: FAS 1130</i></p>	<p>Students apply intermediate construction techniques and knowledge of fabrics and patterns to complete a garment for the lower torso</p>
<p style="text-align: center;">FAS 2090 Specialty Fabrics 1 <i>Prerequisite: FAS 1030</i></p>	<p>Students research, experiment with and produce a project, using specialty fabrics</p>
<p style="text-align: center;">FAS 2120 Surface Embellishment <i>Prerequisite: FAS 1030</i></p>	<p>Students practise a variety of embellishment techniques and apply these skills to a finished project.</p> <p>Project: Create a knit t-shirt and experiment with Cricut Design Studios to create a heat press vinyl design to be placed on the shirt using a heat press.</p>
<p style="text-align: center;">FAS 2160 Creating Accessories 2 <i>Prerequisite: FAS 1060</i></p>	<p>Students study accessories related to fashion and produce a fashion accessory.</p> <p>Project: Scarf, apron, backpack, bag, or similar. Must demonstrate intermediate sewing skills.</p>
<p style="text-align: center;">FAS 2190 Textile Arts 2 <i>Prerequisite: FAS 1160</i></p>	<p>Students create a textile art project using intermediate techniques.</p> <p>Project: Creating a project using a textile art of choice: Tie-dye, knitting, crochet, embroidery, cross stitch, macrame, are all options.</p>

Advanced Outcomes

CO1.KU - Knowledge & Understanding [20%]

CO2.PAE - Plan, Apply, & Evaluate [60%]

Courses in white are courses offered at the intermediate grade level. Courses in gray are students' choice. Students can choose one or more based on their interest and skill level.

Credit	Outcome
<p>FAS 3070 Creators of Fashion <i>Prerequisite: None</i></p>	<p>Students discover the world of fashion designers</p> <p>Project: Create and present a project highlighting popular or up-and-coming fashion designers and what makes them unique.</p>
<p>Couture 3060 <i>Prerequisite: FAS 1030</i></p>	<p>Students study past couturiers and create their own haute couture fashions.</p> <p>Project: Create a project of choice, applying 3 different couture construction techniques.</p>
<p>FAS 3130 Construction Fundamentals 3 <i>Prerequisite: FAS 2130</i></p>	<p>Students apply advanced construction techniques and knowledge of patterns and fabrics to complete a garment for the upper torso.</p> <p>Project: Jacket or Dress; woven, knit or other specialty fabric</p>
<p>FAS 3090 Specialty Fabrics 2 <i>Prerequisite: FAS 2090</i></p>	<p>Students learn about the characteristics and techniques for preparing, sewing, and caring for an advanced specialty fabric. Subsequently, they create and construct a distinctive project.</p> <p>Project: If creating a jacket, adding lining to your chosen project for the term would meet this credit requirement. Or, creating a formal dress with specialty fabric alongside your project module, would meet the requirement.</p>
<p>FAS 3910 Fas Project D <i>Prerequisite: None</i></p>	<p>Students develop project design and management skills to extend and enhance competencies and skills in other CTS courses. Advanced project courses must connect with a minimum of two CTS courses at least at the intermediate level.</p> <p>Project: Student proposed.</p>
<p>FAS 3180 Theatrical Costuming <i>Prerequisite: FAS 1030</i></p>	<p>Students analyze different costuming requirements and construct a costume specific to a theatrical production.</p> <p>Project: Costume for the Mainstage Play.</p>

Course Materials

Course Fees

Introductory and Intermediate - \$50

Advanced - \$40

Please pay the course fee within the first week of the classes to receive your fashion supplies. The course fee covers the following materials:

- Personal Sewing Kit
- 2 meters of Fabric for sewing project

NOTE: Advanced students are expected to supply their own MAIN fabric for their project. Notions and lining will be provided.

- Sewing machine supplies: needles, bobbins, sewing feet, etc.
- Sewing notions: threads, elastic, buttons, snaps, zipper, etc.
- Limited supplies as needed for projects (ie: Embroidery supplies, Knit/Crochet supplies, acrylic/watercolor paint, paint brushes, watercolor paper, pattern drafting rulers)
- Items to borrow: Pattern Drafting Supplies (rulers, paper, pencils, erasers)

Students are required to provide the following personal supplies:

- Eraser, Ruler, Paper Scissors, Fabric Shears (The sewing kit you will receive has a brand new medium size scissors)
- If a student would like to make a personalized project, for example an evening wear, a grad dress, or jacket etc, the student is required to bring her/his specific fabric, matching thread, and notion (zipper, buttons, hooks, etc.) as desired.